

The Monarch Center
for Women's Leadership Development
220 E. South Street – PO Box 1028
Woodstock, IL 60098
312-403-0321

NEWS RELEASE

Women's Virtual Leadership Retreat Announced for 2015

For release: December 10, 2014 - Woodstock, IL

THE MONARCH CENTER (TMC) for Women's Leadership Development is taking a unique approach to women's leadership development, offering the Women's Virtual Leadership Retreat. Using a guided approach, the 52 week retreat uses the LEADS model developed by the TMC and gives women the breadth of time needed to identify their strengths, clarify career goals and develop an action plan that can move them forward in their careers.

"Leadership does not happen overnight. It doesn't happen at a one or two day workshop. Rather it is a process that takes place overtime, and our retreat accommodates that process." states Dr. Merida Johns, founder and director of TMC.

The retreat, based on the book *52 Week Game Changer: How She LEADS*, includes evening teleconferences and personal development and exploration exercises and assessments that allow each participant to leverage her unique abilities and apply her values in achieving her leadership potential. A critical part of the retreat is developing a personal leadership action plan, setting goals, and taking steps forward in reaching the vision.

Teleconferences are held over the course of the 52 weeks on Thursday evenings at 7:00 PM CT. Enrollment is limited. Further information can be found at www.regonline.com/howshelads

The Monarch Center for Women's Leadership Development offers leadership coaching, seminars, and teleworkshops that help women help themselves fulfill their leadership potential. Merida Johns, PhD, founder and director has over 40 years leadership experience in business, academic, and non-profit segments. More information about the Center, its mission and offerings can be found at its website.

For more information contact Merida Johns, PhD

312-403-0321 * www.TheMonarchCtr.com

#####